



♥ RECIPE

## Perfect Moist and Fluffy Vanilla Cupcakes

Author: Lindsay Conchar Prep Time: 1 hour

Cook Time: 20 minutes Total Time: 1 hour 20 minutes

Yield: 12-14 Cupcakes Category: Dessert Method: Oven

Cuisine: American

### Description

These vanilla cupcakes are the perfect soft and fluffy vanilla cupcake! I have done *a lot* of testing and am proud to say that I finally have my favorite version to share with you!

### Ingredients

#### CUPCAKES

- 1 2/3 cups (217g) all purpose flour
- 1 cup (207g) sugar
- 1/4 tsp baking soda
- 1 tsp baking powder
- 1/4 tsp salt
- 3/4 cup (168g) unsalted butter, melted
- 3 large egg whites
- 3 tsp vanilla extract
- 1/2 cup (115g) sour cream
- 1/2 cup (120ml) milk

#### FROSTING

- 1 cup (115g) unsalted butter, room temperature
- 4 cups (460g) powdered sugar
- 2-3 tbsp (30-45ml) water or heavy cream
- 1 tsp vanilla extract

### Instructions

#### CUPCAKES

- 1 Preheat oven to 350°F (176°C) and prepare a cupcake pan with cupcake liners.
- 2 Combine the flour, sugar, baking soda, baking powder and salt in a large mixing bowl.
- 3 Add butter, egg whites, vanilla, sour cream and milk and mix on medium speed just until well combined and smooth. Do not over mix.
- 4 Fill the cupcake liners a little more than half way and bake for 18-20 minutes or until a toothpick inserted in the center comes out clean.
- 5 Remove cupcakes from the oven and place on a cooling rack to cool.

#### FROSTING

- 1 Add the butter to a large mixer bowl and beat until smooth.
- 2 Carefully pour in about half of the powdered sugar and mix until smooth and well combined.
- 3 Add the vanilla extract and 1-2 tablespoons of the water or milk and the salt to the frosting and mix until well combined.
- 4 Add the remaining powdered sugar and mix until smooth. Add additional milk or water as needed to get the right consistency.
- 5 Pipe the frosting onto the cupcakes. I used Ateco tip 844.
- 6 Cupcakes are best when stored well covered for 2-3 days.



## Notes

i [See my newest Vanilla Cupcake Recipe.](#)

## Nutrition

**Serving Size:** 1 Cupcake **Calories:** 459 **Sugar:** 42.9 g **Sodium:** 176 mg **Fat:** 25.1 g  
**Carbohydrates:** 56.2 g **Protein:** 3.4 g **Cholesterol:** 46.6 mg

*Find it online: <https://www.lifeloveandsugar.com/perfect-moist-fluffy-vanilla-cupcakes/>*